



# INFORMATION AND MARKETING GUIDE

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# **AMINO MUSCLE PLUS** + B-complex

## **IV READY-TO-ADMINISTER**

### **What does it do?**

- Boost athletic performance
- Reduce muscle recovery time when training
- Can help with fat burning when combined with exercise and diet plan

### **What does it contain?**

Amino Muscle Plus 250ml: Lysine, Carnitine, Methionine, Leucine, Valine, Glycine, Isolcucine, Sodium Chloride.

B Complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine , Riboflavin-5-Phosphate-Sodium-2-Hydrate.

### **What are the benefits?**

**Powering you to peak performance'** this IV Drip is packed with high concentrations of amino acids for those people with an active lifestyle.

This particular IV Nutrient drip contains high doses of Carnitine, Valine and Leucine.

Valine supplementation helps to relieve fatigue after exercise.

Carnitine supplementation can improve exercise performance in humans by altered glucose homiostasis, muscle fatty acid oxidation and muscle fatigue resistance.

Leucine is an essential amino acid for protein synthesis, the carbon skeleton of Leucine can be used to generate ATP which = Energy.

Carnitine, plays a critical role in energy production via "burning' of free fatty acids in the mitochondria, which can help body builders to cut body fat in preparation for competitions.





# **ATHLETE SPORT 50ML** + **B-complex**

## **IV 50ml**

### **What does it do?**

- Boost athletic performance
- Reduce muscle recovery time when training
- Can help with fat burning when combined with exercise and diet plan

### **What does it contain?**

Athlete/Sport 50ml: N-Acetyl-L-Tyrosin, Glycine, L-Isoleucine, L-Leucine, L-Lysin-HCl, L-Valine, Taurine, L-Phenylalanine, Magnesium - Hydrogenaspartat\*4 H<sub>2</sub>O, Levocarnitine, Wfl.

B-Complex: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate.

### **What are the benefits?**

**Boost your athletic performance' in the gym and in other endurance sports.**

**High concentrations amino acids for enhancing muscle strength and endurance. Magnesium is required for proper muscle functioning and prevention of cramps**

**Taurine boosts physical performance by helping the flow of glucose to the muscles. It is popular among body builders as it supports the growth of muscle mass when training, it is also used an energy booster in drinks such as Red Bull.**



# VITAMIN B12

## Methylcobalamin

### What does it do?

- Energy Booster
- Metabolism Booster
- Supports healthy hair, skin and nail growth

### What does it contain?

Methylcobalmin (B12) 5mg/2ml

### What are the benefits?

Methylcobalamin (Vitamin B12) is a nutrient that is used for energy boosting.

All B Vitamins play an important role in your body's energy production, though they don't necessary provide energy themselves, however if you are significantly deficient in B12, being supplemented will likely improve your energy level.

Adequate levels of B12 is necessary to promote heathly hair, skin and nails.  
Low levels of Vitamin B12, can cause nail disocolouration and hair changes.





# VITAMIN B-COMPLEX

IM/IV

## What does it do?

- Energy Boosting
- Metabolism Boosting
- Cognitive Function boosting

## What does it contain?

B-Complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate.

## What are the benefits?

B-Complex vitamins are often used to reduce fatigue and boost mood. Some studies suggest that B-complex vitamins can lift your spirits and improve your cognitive performance.

B1:Thiamine plays an essential role in metabolism by helping convert nutrients into energy.

B2: Riboflavin helps convert food into energy and also acts as an antioxidant.

B6: Pyridoxine is involved in amino acid metabolism, normal sleep function and hair growth.



# **BIOTIN**

## **IM Shot**

### **What does it do?**

- Hair, Nail Skin Nourishment
- Supplements brittle nail repair.

### **What does it contain?**

Vitamin H (B7): 5mg/1ml

### **What are the benefits?**

Biotin (Vitamin H, B7) helps the body convert food into energy and plays many other important roles in health such as improve brittle finger and toe nails. It also helps to improve poor hair condition.

Everyone needs a bassline of level of Biotin in the diet to maintain a healthy metabolism.





# **BRAIN BOOSTER 250ML** + **B-complex**

## **IV READY-TO-ADMINISTER**

### **What does it do?**

- Overall body boost
- Amino Acid supplementation
- Enhances brain vitality

### **What does it contain?**

Brain Booster 250ml: Alanine, Proline, Glycine, Lysine Hydrochloride, Leucine, Serine, Valine, Potassium Hydroxide, Phenylalanine, Isoleucine, Threonine, Methionine, Histidine, Tryptophane, Taurine, Calcium Chloride-Dihydrate, Tyrosine, Sodium Chloride.

B Complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate.

### **What are the benefits?**

“Give your body a health boost’, This ultimate blend of amino acids helps your body maintain optimum health.

The body uses amino acids to digest, grow and repair bodily tissue. The body cannot produce essential amino acids and therefore must absorb it from food or supplements. The 9 Essential Amino Acids are - Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan and Valine.

Our Brain Booster IV Formula, contains all 9 of the essential amino acids needed to boost your body's vitality.



# ***ENERGISER***

**IV 20ml**

## **What does it do?**

- Gentle energy Booster
- Metabolism Boosting
- Health and Wellbeing

## **What does it contain?**

Energiser: Magnesium -DL- Hydrogenaspartate, Riboflavin-Phosphate (B2), Nicotinamide, Dexpanthenol, Pyridoxine, Thiamine, Adenosylcobalamin, Taurine, Arginine, Glycine , Carnosine.

## **What are the benefits?**

Our IV Energiser Nutrient drip contains a mixture of B Vitamins and Amino Acids, The B vitamins contained in this cocktail help to catalyse the effects of the Amino Acids.

Vitamin B5, which plays a role in breakdown of fats and carbohydrates for energy.

Glycine is one of 3 Amino Acids, that the body uses to make Creatine. Creatine provides your muscles with energy to provide quick short bursts of activity such as weight lifting and sprinting. When Creatine is combined with resistance training it can increase muscle size, strength and power.

Taurine boosts physical performance by helping the flow of glucose to the muscles. It is popular among body builders as it supports the growth of muscle mass.





# ***FAT BURNER PLUS 250ML*** + B-complex

## **IV READY-TO-ADMINISTER**

### **What does it do?**

- Metabolism boost.
- Energy boosting
- Fat burn effect when combined with a healthy diet plan and exercise.

### **What does it contain?**

Fat Burner Plus 250ml: D/Galactose, L-Lysine-HCL, Taurine, L-Ornithine Aspartate, L-Glycine, Levo-Carnitine, L-Methionine, L-Arginine-HCL, N-Acetyl-Cysteine, Sodium Chloride.

B Complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate.

### **What are the benefits?**

‘Gorgeous on the outside’ our diet and detox drip combines a special blend of vitamins, minerals and amino acids to help you achieve fat burning and detoxification.

L-Arginine is mostly given to clients to help burn fat and enhance the formation of muscle mass. Supplementing with Arginine allows your body to use accumulated fats as a source of energy. Arginine supplementation helps to speed up the fat burning process when combined with a diet plan and exercise.

Ornithine helps to improve athletic performance, such as speed strength and power. It is often combined with Arginine to improve strength and power in male weight lifters, as well as burning belly fat when cutting for competitions.

Research shows, that L-Carnitine can improve weight loss and fat shredding when combined with a healthy diet and exercise.



# ***FAT BURN SHOT***

## **IM SHOT**

### **What does it do?**

- **Metabolism Boosting**
- **Fat burning effect when combined with a balanced diet and exercise.**
- **Burns fat for energy production.**

### **What does it contain?**

Methionine, Inositol, Thiamine, Riboflavin, Nicotinamide, Dexpanthenol, Pyridoxine, Leucine, Carnitine, Vitamin C.

### **What are the benefits?**

‘Gorgeous on the outside’ our diet and detox drip combines a special blend of vitamins, minerals and amino acids to help you achieve fat burning and detoxification.

Research shows, that L-Carnitine can improve weight loss and fat shredding when combined with a healthy diet and exercise.





# **FOCUS 50ML** + B-complex

## **IV 50ml**

### **What does it do?**

- Enhance concentration
- Brain focus

### **What does it contain?**

Focus 50ml: L-Arginine HCl , N-Acetyl-L-Tyrosine, Glycine, L-Isoleucine, L-Leucin, L-Lysin-HCl, L-Methionine, L-Valine, Taurine, Acetylcysteine, Water for Injection.

B-complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate

### **What are the benefits?**

‘Give your brain a focus boost’ with this ultimate high concentration amino acid blend.

This particular IV Nutrient drip contains high doses of Valine and Leucine.  
Valine supplementation helps to relieve fatigue after exercise.

Leucine can also regulate several cellular processes such as protein synthesis, tissue regeneration, and metabolism



# GLUTATHIONE

## IM SHOT or IV PUSH

### What does it do?

- Boost physical performance and recovery time.
- Anti-ageing
- increased energy
- Improves skin texture
- Toxin and heavy metal removal
- Liver detox effect
- Body and mind Vitality booster.

### What does it contain?

Gluthathione 600mg/5ml (minimum dose) - Glutathione 2400mg (maximum dose)

### What are the benefits?

‘The guardian of the cell’.

Glutathione is a powerful antioxidant found in every cell in the body.

Glutathione is a "tripeptide" it is made of three types of molecules known as amino acids - glutamic acid, cysteine and glycine.

Glutathione levels in the body may be reduced by a number of factors such as poor nutrition, environment toxins and stress. It also declines with age. It is produced naturally by the body and is commonly supplemented intravenously.

It has many important functions, such as, Anti-ageing effects, detox effect and it is commonly used post amalgam filling removal in dentistry.

A common side effect of Glutathione supplementation when combined with Vitamin C is a Skin Brightening effect.



# HAIR NOURISHMENT IV

## What does it do?

- Hair and Nail Nourishment
- Enhances skin quality and supplements brittle nail repair.

## What does it contain?

Modified Myers 250ml: Thiamine Chloride-Hydrochloride, Nicotinamide, Dexpanthenol, Pyridoxine Hydrochloride, Calcium Chloride-Dihydrate, Magnesium Chloride-Hexahydrate, Riboflavin 5'-Monophosphate, Potassium Chloride, Methylcobalamin, Sodium Chloride.

### Plus:

- 1 x Vial Lysine,
- 1 x IM Biotin (Vitamin H)
- 1 x Zinc.

## What are the benefits?

Hair Nourishment IV for Healthy Hair and Nails.

A Modified Myers Formulas as well as an extra Biotin shot is excellent for Hair, Nail and Skin Nourishment and also supplements brittle nail repair.

Lysine is present in the root of the hair and it is responsible of the shape and volume of the hair. A Lysine deficiency can cause hair loss, but getting enough Lysine can prevent hair loss and promote regular hair growth.

Biotin, is one of the best known B-Vitamins for hair growth. Studies show that Biotin deficiency can cause hair loss and is used as an alternative hair loss treatment.



# **IMMUNO BOOSTER 250ML** + B-complex

## **IV READY-TO-ADMINISTER**

### **What does it do?**

- Immune system booster
- Contains Ornithine which is Anti-Fatigue.

### **What does it contain?**

Immuno Booster 250ml: Lysine Hydrochloride, N-Acetyl Cystiene, Ornithine-Aspartate, Taurine , Sodium Chloride.

B Complex 5ml: Dexpanthenol, Nicotinamide, Thiamine, Pyridoxine, Riboflavin-5-Phosphate-Sodium-2-Hydrate.

### **What are the benefits?**

Reboot your system' with our IV nutritional cocktail that boosts your immune system.

Cysteine is one of the direct pre cursors of Glutathione, which is an important anti-oxidant and immune supporting molecule in the body. The body also uses Cysteine to produce Taurine. Taurine plays a fundamental role in the immune system as an anti-oxidant and protects tissues from oxidative stress.

Lysine also helps body recovery after surgery.



# **IMMUNO BOOSTER CONCENTRATE 50ML**

**IV 50ml**

## **What does it do?**

- Immune system booster
- Contains Zinc which is found throughout the body and helps boost immune system and metabolism

## **What does it contain?**

Taurine, L-Lysine, L-Carnitine, Acetylcysteine, Ascorbic acid, L-Arginine, L-Carnosine, Nicotinamide, Dexpantenol, Pyridoxine,  $\text{CaCl}_2$ ,  $\text{MgCl}_2$ , KCl, Zincgluconate,  $\text{Na}_2\text{SeO}_3 \times 5 \text{H}_2\text{O}$ , Riboflavin, WFI.

## **What are the benefits?**

Reboot your system' with our IV nutritional cocktail that boosts your immune system.

Zinc is a nutrient found throughout the body and helps boost immune system and metabolism. It also plays an important role, in hair tissue growth and repair.

Lysine also helps body recovery after surgery.

Vitamin C helps protect cells and keeps them healthy, it boosts immune function, as well as helping with wound healing. It is commonly used as an anti oxidant to remove heavy metals when combined with Glutathione.



# MEGA VITALIZER

## IV 20ml

### What does it do?

- **Boost athletic performance**
- **Overall vitality booster for general health and wellbeing maintenance.**

### What does it contain?

Calcium DL-Hydrogen Aspartat Hemihydrate, D-Magnesium-DLHydrogen Aspartat, Pyridoxine, Nicotinamide, Thiamine, Dexpantenol, Riboflavin, Methycobalamin, Adenosylcobalmin, N-Acetyl Tyrosine, Arginine, Taurine, Glycine, Lysine, L-carnosine .

### What are the benefits?

Rediscover your get up and go' with our performance boosting cocktail packed with energy boosting B vitamins and amino acids.

Taurine boosts physical performance by helping the flow of glucose to the muscles. It is popular among body builders as it supports the growth of muscle mass. Taurine used an energy booster in drinks such as Red Bull.

Carnosine is an Amino Acid used to improve muscle strength.

Tyrosine, is an amino acid that is responsible for your hair and skin colour. It is also responsible for mood and feeling of wellbeing.





# **MODIFIED MYERS 250ML**

## **IV READY-TO-ADMINISTER**

### **What does it do?**

- **General health & wellbeing**
- **Metabolism boost**
- **Anti Ageing**

### **What does it contain?**

Thiamine Chloride-Hydrochloride, Nicotinamide, Dexpanthenol, Pyridoxine Hydrochloride, Calcium Chloride-Dihydrate, Magnesium Chloride-Hexahydrate, Riboflavin 5'-Monophosphate, Potassium Chloride, Methycobalamin, Sodium Chloride.

### **What are the benefits?**

'Help fight those free radicals' with the IV Cocktail that started it all. It contains just the right mix of vitamins and minerals.

Potassium Chloride is a mineral/electrolyte that the body needs to function properly. It is also involved in muscle contraction. and helps athletes to recover from muscle cramping after extensive exercise.

The Modified Myers formula also contains Dexpanthenol(Vitamin B5). Which acts as a skin protectant, that can improve the skin's elasticity and rehydrate it, making it appear smoother and more supple.

Nicotinamide is essential for good overall health. It can improve the skin barrier function, which increased skin hydration. It is can also improve complexion, redness of ageing skin and is used i many cosmeceutical products and anti-ageing skin care.



# ***PERFORMANCE BOOSTER PLUS***

## **250ML** IV READY-TO-ADMINISTER

### **What does it do?**

- **Boost athletic performance**
- **Overall vitality booster for general health**
- **Wellbeing maintenance**
- **Metabolism booster.**

### **What does it contain?**

Taurine, Levo-Carnitine, L-Lysine, N-Acetyl-L Cysteine NAC, L-Carnosine, L-Arginine, Nicotineamide, Dexpanthenol, Pyridoxine Hydrochloride (B6), Thiamine Chloride-Hydrochloride, Zinc Gluconate, Calcium Chloride-Dihydrate, Magnesium Chloride-Hexahydrate, Folic Acid, Potassium Chloride, Riboflavin5-Monophosphate, Sodium Chloride.

### **What are the benefits?**

‘Rediscover your get up and go’ with our performance boosting cocktail packed with energy boosting B vitamins and amino acids.

The Performance Booster Plus contains Levo-Carnitine, which is involved in mitochondrial function and energy production.

Folic acid is found in many vitamins and fortified foods. It is responsible for healthy cell growth, as well as helping to improve hair and nail growth. Folic acid supplementation along side B-Vitamins and exercise can help with weight loss. It is can also be used to promote brain health.

Taurine boosts physical performance by helping the flow of glucose to the muscles. It is popular among body builders as it supports the growth of muscle mass when training, it is also used an energy booster in drinks such as Red Bull.





# **VITAMIN C 8G/ 15G**

## **ASCORBIC ACID**

### **What does it do?**

- **Boost Skin health**
- **Enhance Immune system**
- **Detoxification**
- **Antioxidant.**

### **What does it contain?**

Ascorbic Acid (Vitamin C) 8g/50ml.

### **What are the benefits?**

Vitamin C is an essential nutrient in our diet, it has many important functions within our body.

Vitamin C helps protect cells and keeps them healthy, it boosts immune function, as well as helping with wound healing.

It is commonly used as an anti oxidant to remove heavy metals when combined with Glutathione.

Vitamin C can also cause a skin brightening effect when combined with Glutathione.

# WELLNESS MYERS

IV 50ml

## What does it do?

- General health and wellbeing
- Metabolism and Immune system boosting.

## What does it contain?

Magnesium Chloride, Potassium Chloride, Calcium Chloride, Riboflavin, Sodium Selenite-pentahydrate, Nicotinamide, Dexpanthenol, Pyridoxine, Zincgluconate.

## What are the benefits?

Wellness Myers 'Help fight those free radicals.

The Wellness Myers formula contains, Potassium Chloride it is a mineral/electrolyte that the body needs to function properly. It is also involved in muscle contraction. and helps athletes to recover from muscle cramping after extensive exercise.

The Modified Myers formula also contains Dexpanthenol(Vitamin B5). Which acts as a skin protectant, that can improve the skin's elasticity and rehydrate it, making it appear smoother and more supple.

Nicotinamide is essential for good overall health. It can improve the skin barrier function, which increased skin hydration. It can also improve complexion, redness of ageing skin and is used in many cosmeceutical products and anti-ageing skin care.

Zinc is a nutrient found throughout the body and helps boost immune system and metabolism. It also plays an important role, in hair tissue growth and repair.